

### Disclosure of interest



Dr Jean-Lionel BAGOT

declares participating in ad hoc interventions (expert reports, advisory activities, conferences) for Boiron, Weleda and Rocal-Lehning





### VICAN 5 study: life 5 years after cancer (June 2018)



- 63.5% of people suffer from sequelae
- 50% are limited in their physical activity
- 48.7% suffer from fatigue



# CIM\* use in cancer patients

\*Complementary and Integrative Medicine

complementary
medicine

France

Up to 60% of patients use CIM alongside conventional cancer treatments

Homeopathy is the first complementary medicine in France Prevalence and choice of the complementary medicine is geographical and culture related

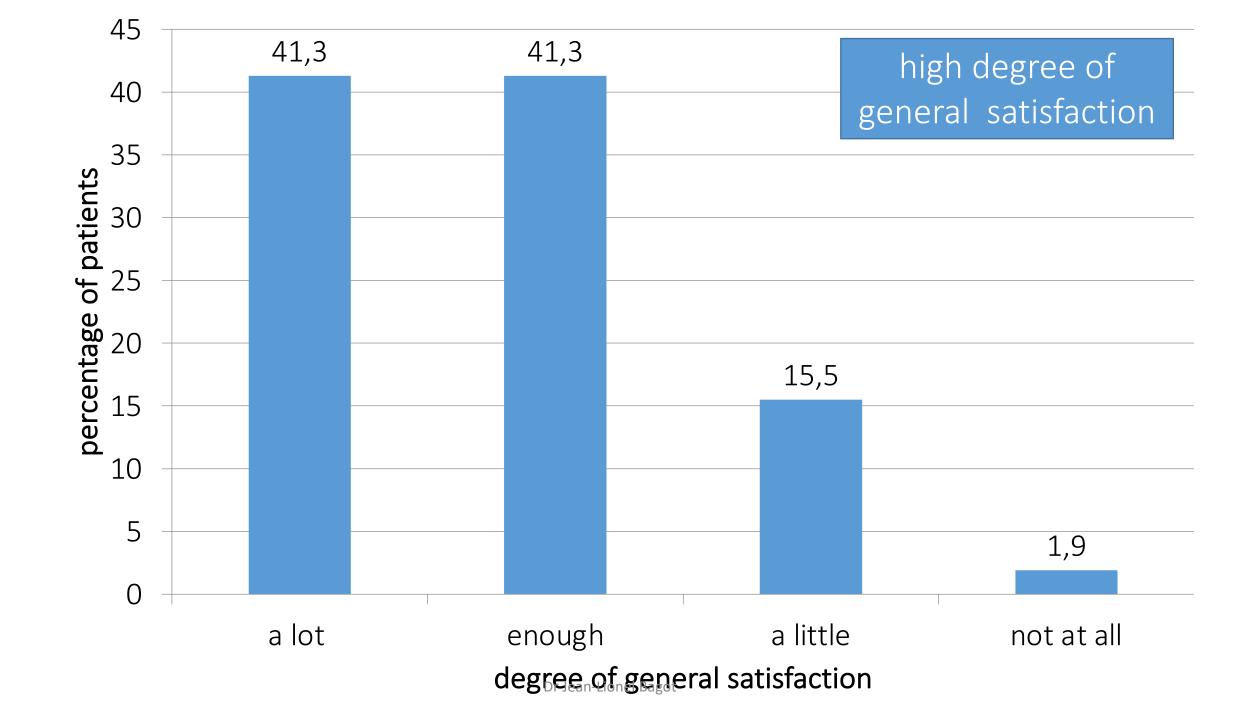


Of the 535 patients included, 47% are CIM users

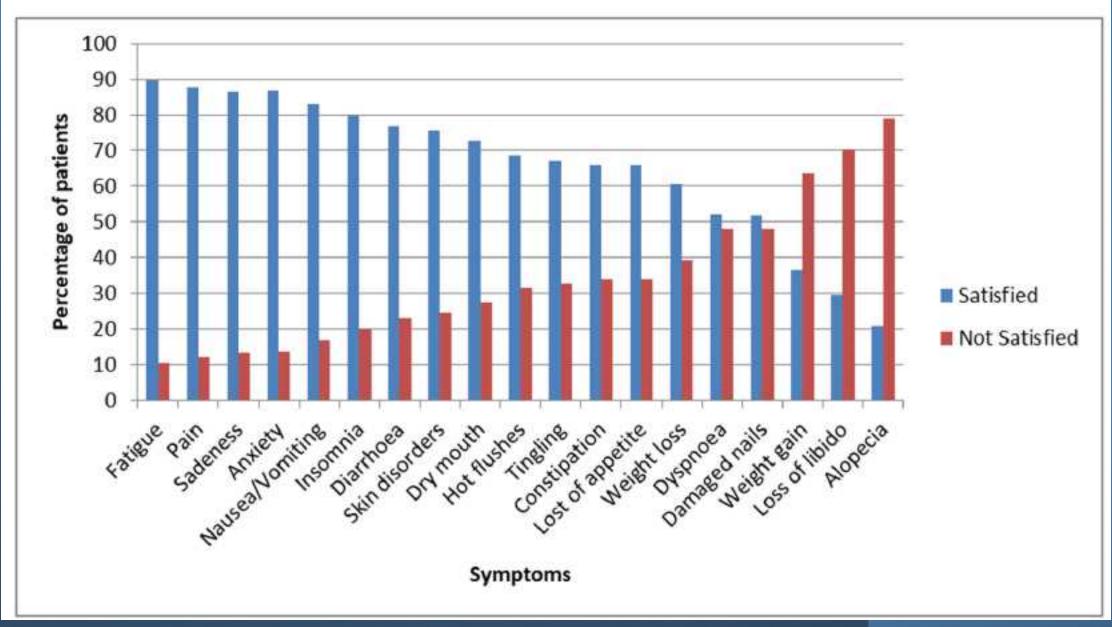
The oncologist was informed in 82 % of cases

Prevalence of the use of complementary medicines by cancer patients in France a multicentre cross-sectional descriptive survey in 4 anticancer centres in Strasbourg

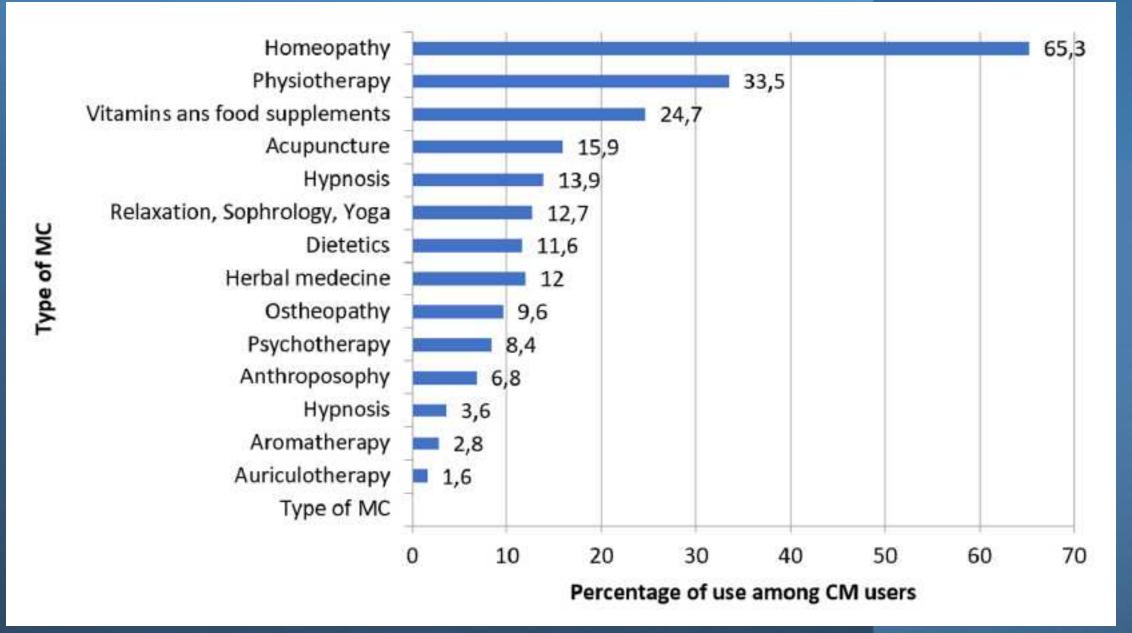
Bagot JL, Legrand A, Theunissen I. Use of Homeopathy in Integrative Oncology in Strasbourg, France: Multi-center Cross-Sectional Descriptive Study of Patients Undergoing Cancer Treatment. Homeopathy. 2021 In press



#### The recourse to CIM is often the answer to a medical need witch cannot be addressed



### Frequency of use of different CIMs among CM users in %

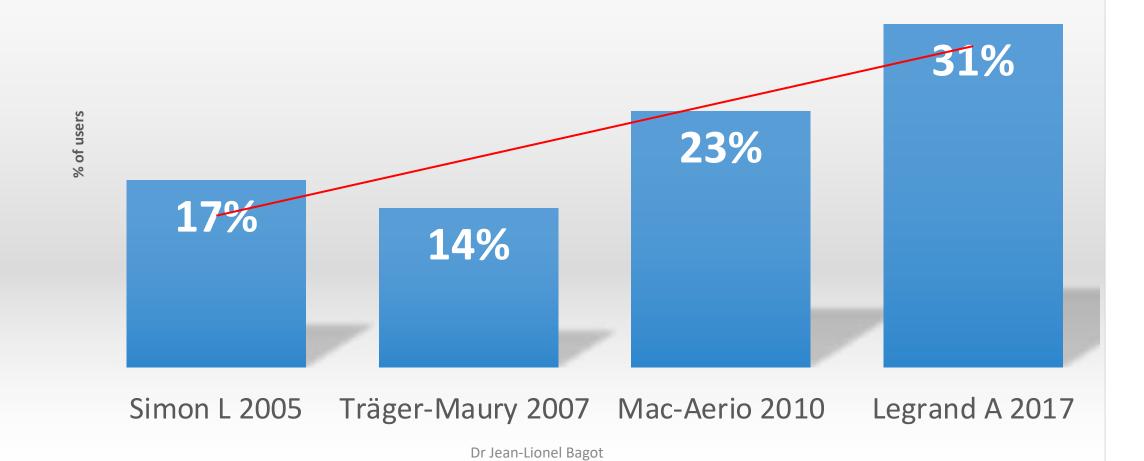




Homeopathy was prescribed by a doctor in 75 % of cases

31% of homeopathy users in supportive cancer care

### Homeopathy prevalence of use doubled over 12 years in France



### Saint Vincent Hospital Group

**GHSV** 





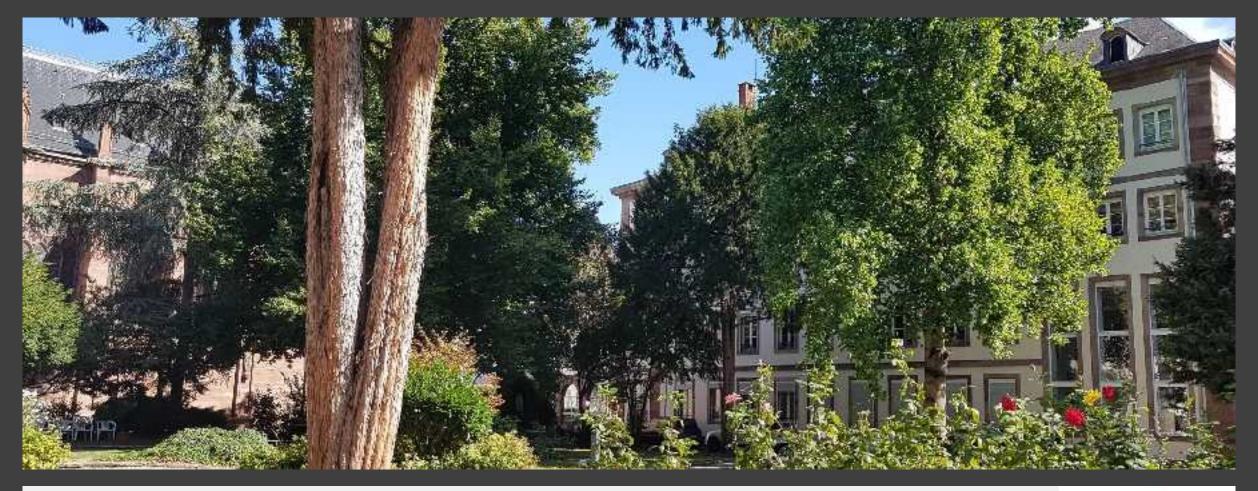
Groupe Hospitalier Saint Vincent



- Non Profit Making
   Private Health Hospital
   (ESPIC)
- 4 sites
- 1,400 employees
- 264 doctors
- 12 oncologists
- 11000 chemotherapy sessions / year



Outpatients Department for Integrative Care (OPD-IC)



All Saints Hospital
Strasbourg city center

#### Referral criteria

- Oncology patients
- Performance status WHO 2 or 3
- Grade 2 or 3 symptoms



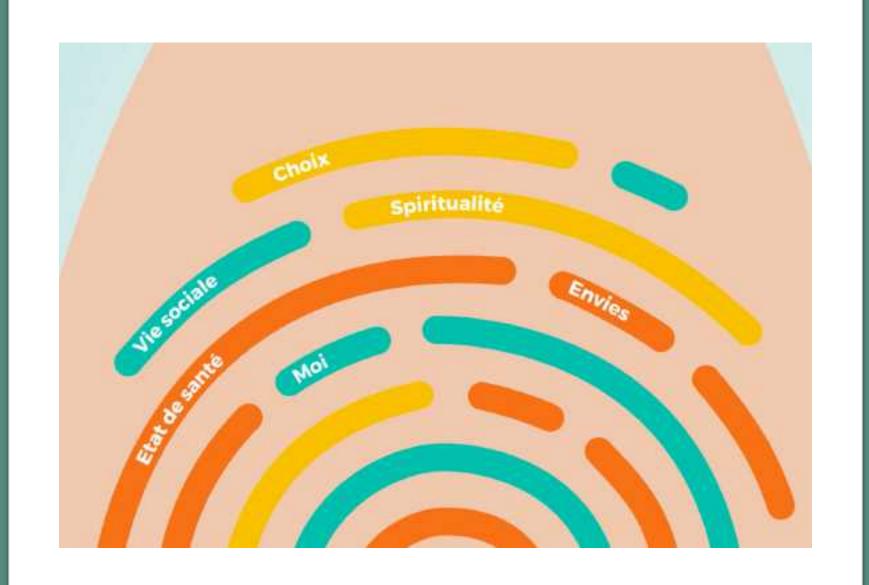


### Main indications

- Fatigue
- Pain
- Neuropathy

- Digestive disorders
- Emotional disorders
- Sleep disorders





Because faced by illness each patient is unique



9 am

Meeting with the welcoming nurse



## De**si**gning a **per**sonalised care plan

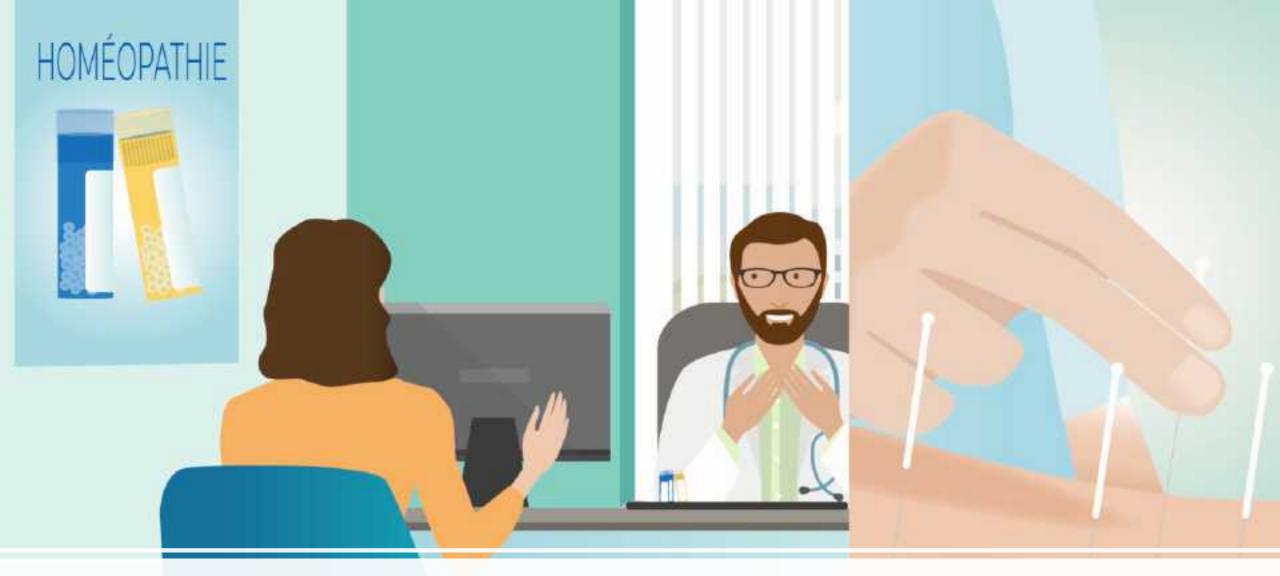


Consultation with the coordinating physician

Validation of the care plan

Taking into account not only the well-being but also the culture and beliefs of each patient





Consultation with the homeopath and the acupuncturist







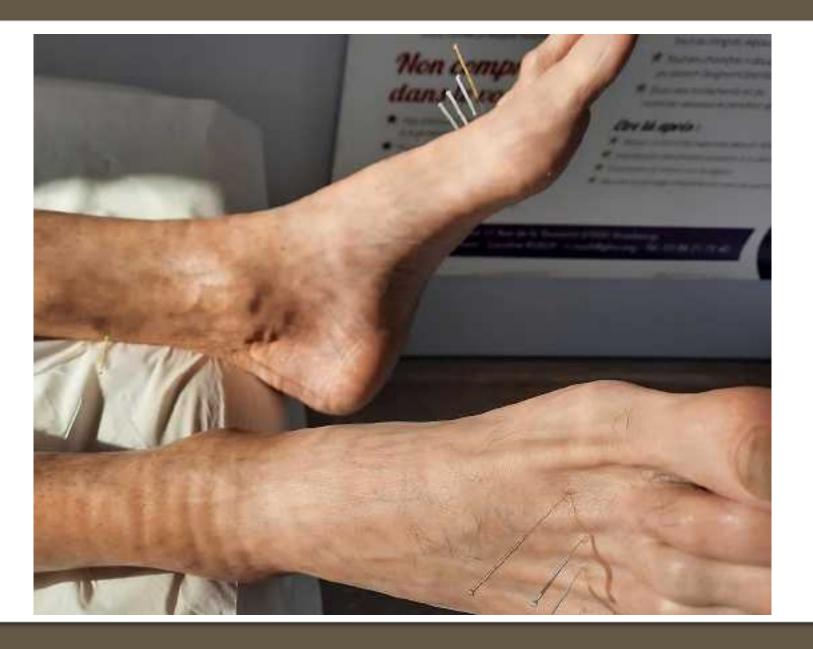








Prescription of an individualised homeopathic treatment



### Acupuncture session

Neuropathy



## Acupuncture session

Fatigue





Dealing with fatigue, pain, anxiety and stress



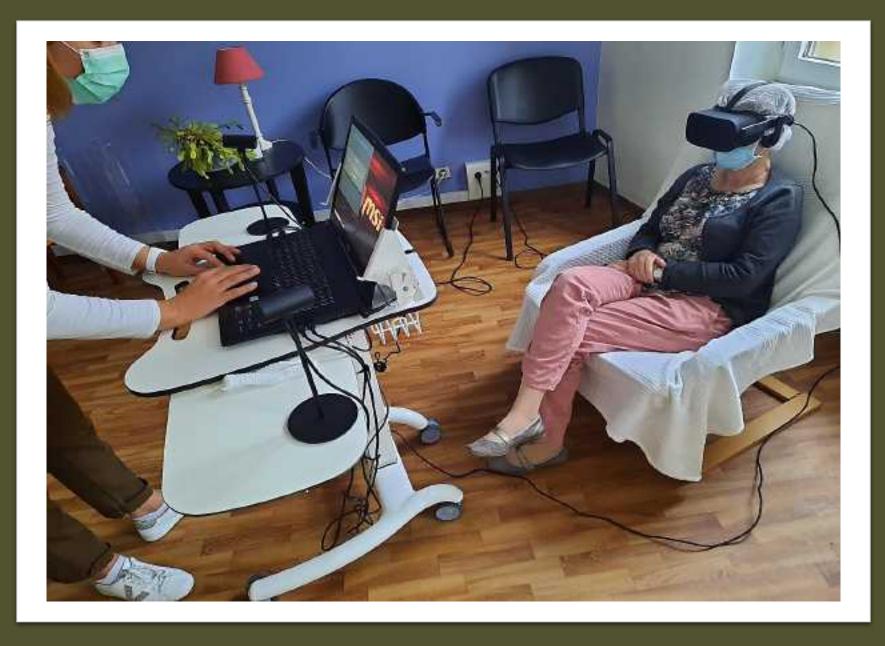
Meeting with a psychologist

Getting to know yourself



Therapeutic hypnosis

letting go



Virtual reality headset

escaping





### Mindfulness

Being present to yourself



12.30 pm

Therapeutic meal with carers

sharing



2 pm

Consultation with dietician

or afternoon nap





Foot reflexology
pain, tension
Refocussing

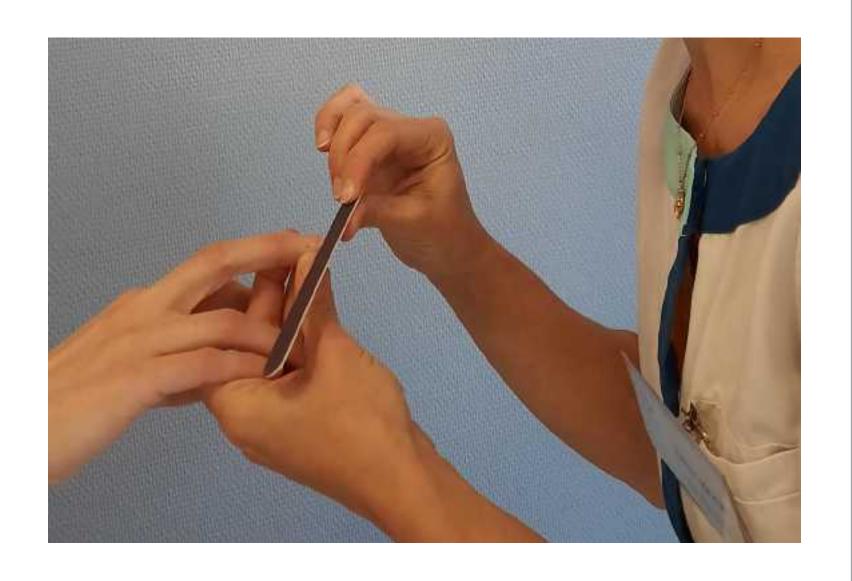




Aromatherapy (nausea, emotions, insomnia)

discovering one's fragrance

Dr Jean-Lionel Bagot



Sociobeautician care

taking care of yourself



### **CONFORT PHYSIQUE**

AMÉLIORATION DES SOINS

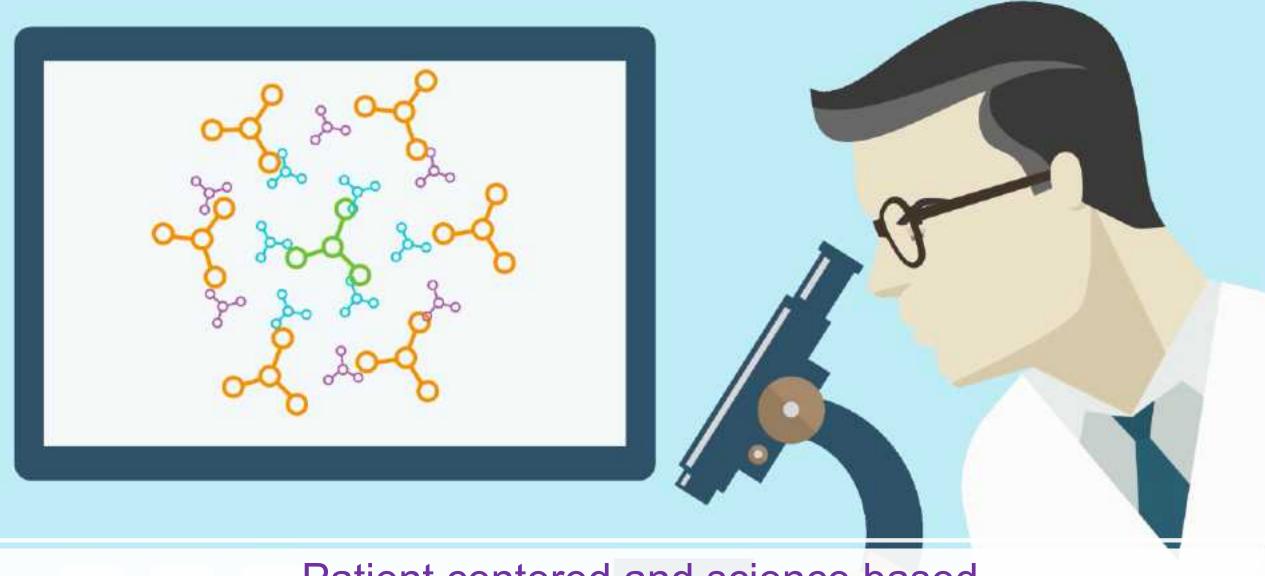


**QUALITÉ DE VIE** 

Going home reinvigorated



Thanks to multidisciplinary and coordinated management



Patient centered and science based



Garanteeing quality and safety of the treatmentpathways

### Benefitting loved one



### Even the whole care team find this day of great benefit ...



#### In order of appearance

Patricia FEIDT, coordinating nurse, welcome, hypnosis, sophrology

Jean-Lionel BAGOT, coordinating physician, homeopath, acupuncturist Laure MARTINI, acupuncturist physician, homeopath, auriculotherapist

Anne-Céline MILANOV, clinical psychologist

Céline GRABHERR, coordinating nurse, welcome, hypnosis, virtual reality

Maëlle SACADURA, dietician

Francine HOFFMANN, nurse, aromatherapist

Marion SERPEAULT, nurse, foot reflexology

Céline MAZUR, Socio-beautician

Caroline WENDLING and to Clarisse ROSENBERGER, Health Manager



## All Saints Hospital OPD-Integrative Care Strasbourg

Medical referral required Free of charge for the patient

