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YES, I support CAM

Spring Newsletter

EUROCAM hopes that you and your loved ones are doing well during these extraordinary times. So, this newsletter is more about the COVID-19 crisis and less about the work undertaken by EUROCAM.

COVID-19

COVID-19 is impacting every one of us.

After this crisis, when things will start to settle down and everyone begins to rebuild, many people will also be looking at how to improve their health and will also be considering their lifestyles.

That will be a good moment to emphasise the role CAM, as part of Integrative Medicine and Health (IM&H), can play at European, national, regional and local

levels.

EUROCAM sent out the following message. You are free to use this on your websites and social media. If you have information and/or suggestions, please send this to our [secretariat](#).

EUROCAM emphasises the importance of being well informed about the COVID-19 pandemic by complying with national health authority instructions on preventing exposure to the coronavirus.

It is also important to enhance your immune system so that, if you are exposed, you can reduce the chances of getting sick - or at least mitigate the intensity of the disease and thus reduce the death rate. Enhancing your immune system means eating a healthy diet, walking 15-30 minutes/day (now alone!), minimising stress and maintaining confidence in the successful outcome of this crisis.

Political level

EUROCAM asks you to raise awareness among politicians and healthcare institutions for the large group of educated health professionals who can make a substantial contribution to address the actual health challenges we all face.

MEP Interest Group on Integrative Medicine & Health

Another important topic we would like to highlight is the successful first technical meeting of the MEP Interest Group on IM&H held on 4 February. During this session, the draft charter, work plan and organisational structure were formalised. More information about these documents and the Interest Group will be added on the EUROCAM website soon.

The members of the MEP Interest Group on IM&H are: Ms Margrete Auken, Ms Tilly Metz, Ms Sirpa Pietikäinen, Ms Michèle Rivasi and Ms Eleonora Evi.

Getting the work done, we need your help!

EUROCAM is intending to organize the official launch of the Interest Group when the European Parliament's work will be back to normal, may be in July or September. Scientists and other influential people will be invited to speak about

the potential of CAM and Integrative Medicine & Health This launch event is also important to get more publicity about and awareness of the Interest Group and its strategic work programme.

EUROCAM runs the Interest Group's Secretariat and funds are needed to organise this event. We need your support. Imagine what we can do together, we can make a difference! Every euro will help.

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Thank you, we appreciate your support.

EUROCAM



GDPR

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