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NEWSLETTER

Dear all,

In December, we highlighted the precarious situation of Complementary and Alternative Medicine in Spain on our EUROCAM website.

We then asked our affiliated umbrella organisations by mail to sign the petition and send a letter to the Spanish Minister of Health.

This matter started two months ago when 400 Spanish medical doctors and scientists signed an open letter calling for action against, as they call it, 'pseudo-science'. They argue that CAM is pseudo-science because in their opinion it is not based on scientific evidence. As a response to these actions, the Ministries of Health and Science are now preparing a Plan for the Protection of Health against Pseudotherapies. More information about this issue at our website in the <u>news</u> section.

We distributed this news widely and asked everyone to sign a <u>petition</u>. Currently over 180,000 people signed the petition.

Here you find the English <u>google translate version</u> of the petition page, in the Spanish version you see the amount of people who have signed the petition.

Just recently 27 Spanish scientific societies, professional associations and patients' groups have signed a Manifesto supporting complementary therapies.

The Manifesto underlines that there are thousands of papers published in scientific journals that support the efficacy of homeopathy, acupuncture and naturopathy. It requests that the Spanish government supports regulation, training and research of complementary medicine. It can be found <u>here (in Spanish)</u>.

The other day EUROCAM sent a letter as well, highlighting the legal and regulatory status of CAM in Europe, the position of the World Health Organisation, research into CAM's effectiveness, its potential in addressing current health policy issues, and citizens' demand for it. The letter is available on our <u>website</u>.

We now also ask you to send a letter to the Health Minister and suggest the following topics to be mentioned in your letter:

- Status of legislation and popularity of CAM in general and your CAM modality in particular in your own country.
- WHO resolutions and strategy on Traditional & Complementary Medicine, see our <u>archive</u> for more information.
- <u>Research</u> into your CAM modality.
- Patients' right to freedom of choice of healthcare.

Of course, you can include more information according to your own opinion. Communicating the same message from across all modalities will reinforce the argumentation of our common motivation to preserve CAM in Spain.

The Spanish minister's address details are: Dra. María Luisa Carcedo Roces Ministra de Sanidad, Consumo y Bienestar Social Paseo del Prado, 18, 28014 Madrid Spain

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