

Integrating CAM into EU healthcare systems

Workshop

“Complementary and alternative therapies for patients today and tomorrow”

European Parliament

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Message from WHO management

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Terminology

Traditional, Complementary, Alternative, Integrative

Country Examples in other regions:

China - traditional Chinese medicine (TCM)

18% of all medical visits are to TCM (> 900 million visits per year)

16% of all inpatients (> 13 million per year)

Top five diseases for admission to TCM hospitals:

Cerebrovascular accident, intervertebral disc displacement, haemorrhoids, ischaemic heart disease and essential hypertension

India - Ayurveda, Yoga and Naturopathy, Unani, Siddha and Homeopathy (AYUSH)

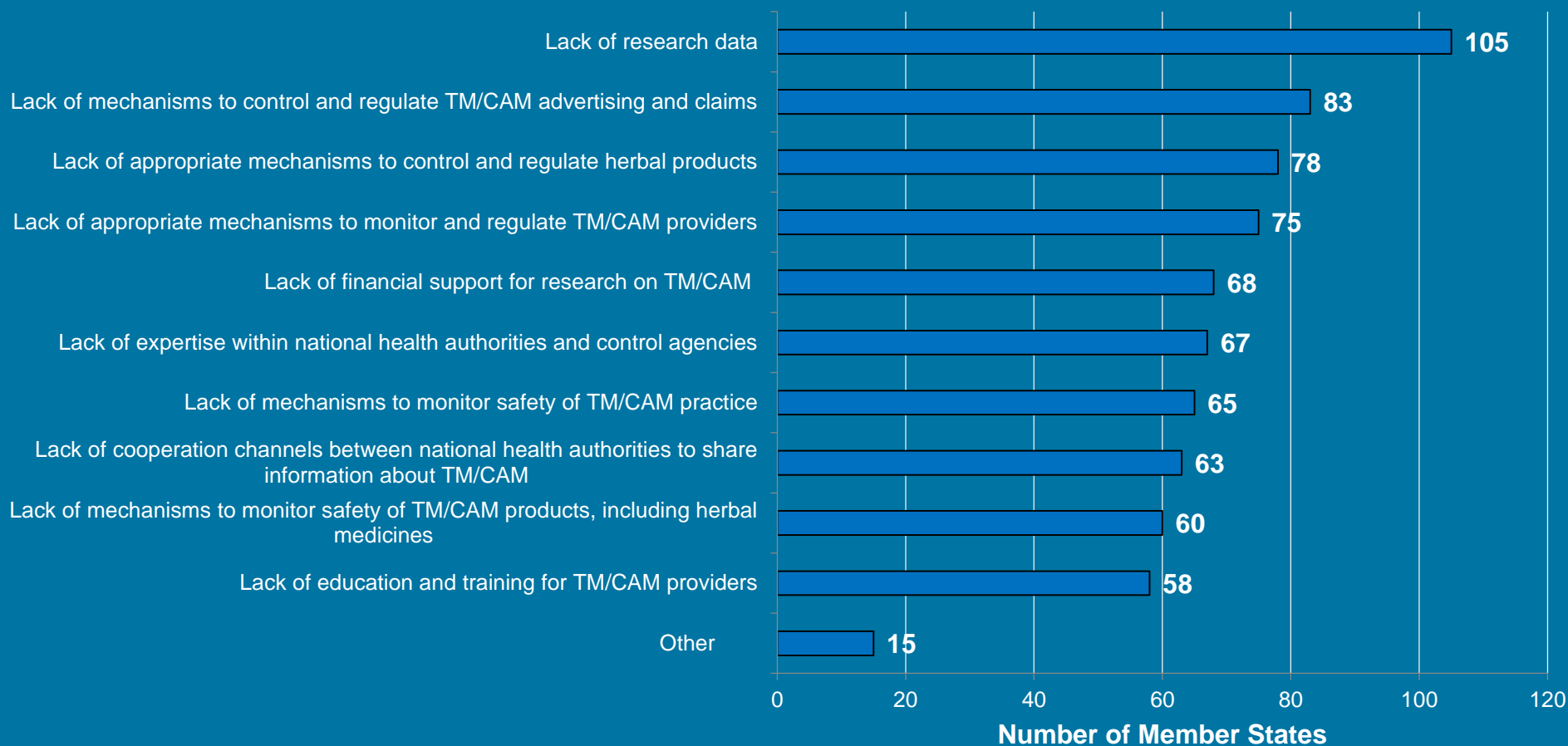
Over 780,000 registered AYUSH practitioners

1 million (est.) village-based, traditional AYUSH community health workers

Challenges in Traditional & Complementary Medicine (T&CM)

Difficulties faced by Member States with regard to regulatory issues related to the practice of T&CM, multiple choice (129)

Country reports, 2012



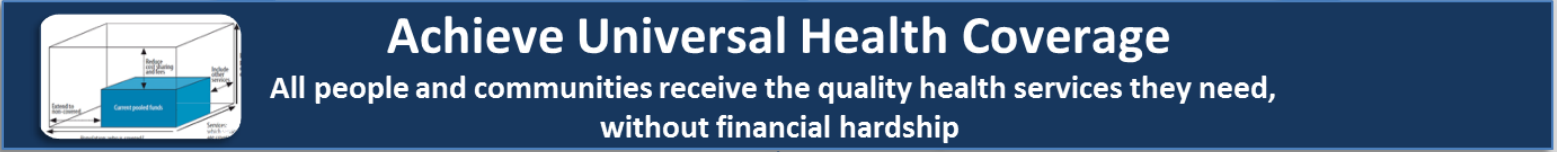
HSS->UHC->SDG



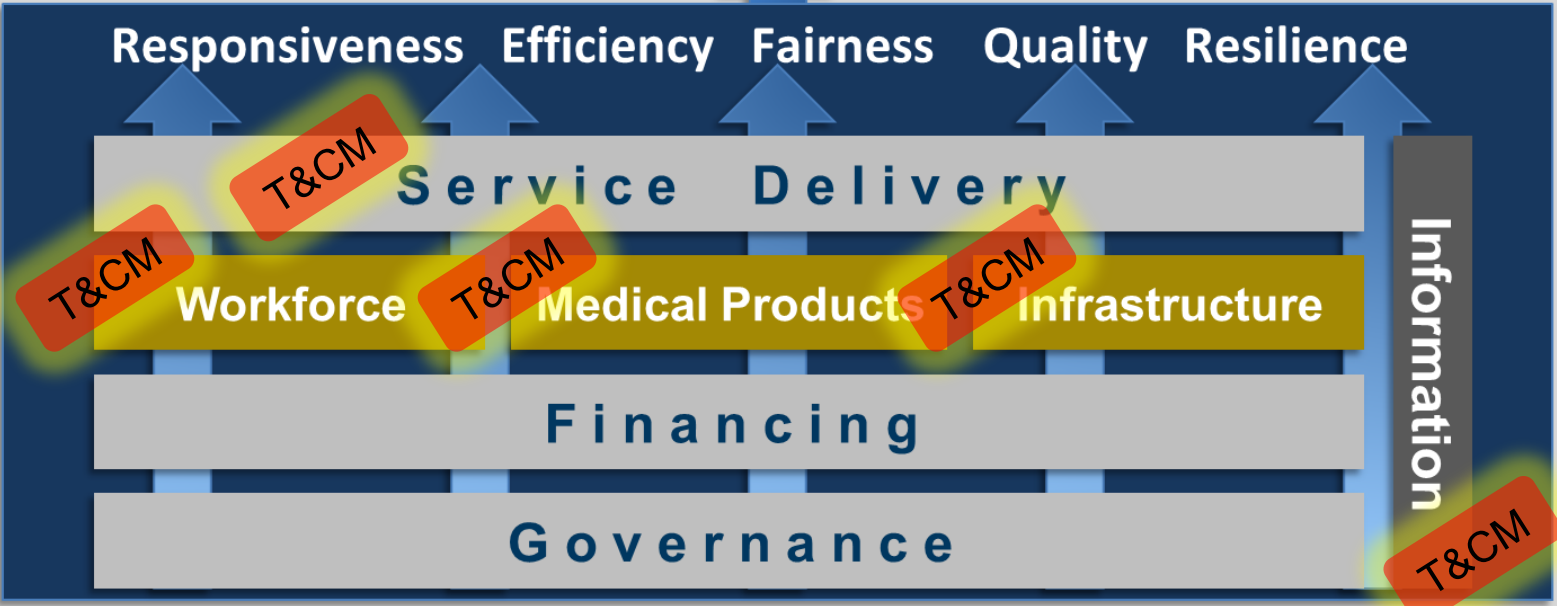
*SDGs
(Impact)*



*UHC
(Outcome)*



*HSS
(Input/Output)*



WHO Traditional Medicine Strategy 2014-2023: Goals

- Harnessing the potential contribution of T&CM to health, wellness, people-centred health care and universal health coverage.
- Promoting safe and effective use of T&CM through the regulation, research and integration of T&CM products, practices and practitioners into the health system, as appropriate.



WHO TM Strategy 2014-2023: Objectives and directions



2014-2023

Build knowledge base for management through policies

- understand and recognize role and potential, build country profile
- strengthen knowledge base, build evidence and sustain resources

Strengthen quality assurance, safety, proper use and effectiveness by regulation

- products: monitoring, enforcement, harmonization
- practices and practitioners: education & training, skills development, services and therapies

Promote universal health coverage by integration

- capitalize on potential contribution to improve health services and health outcomes
- informed choice about self-health care

WHA Resolution on Traditional Medicine

WHA67.18 adopted in May 2014 urges Member States :

- ❑ To adapt, adopt and implement, where appropriate, the WHO strategy as a basis for national T&CM programmes or work plans
- ❑ To develop and implement working plans to integrate TM into health services particularly primary health care services
- ❑ To report to WHO on progress in implementing the strategy

WHA Resolution on Traditional Medicine

WHA67.18 requests the Director General of WHO :

- ❑ To facilitate Member States' implementation of the WHO strategy, supporting their formulation of knowledge-based national policies, standards and regulations, and strengthening national capacity building
- ❑ To provide policy guidance to Member States on how to integrate T&CM services within health care systems
- ❑ To provide technical guidance in ensuring safety, quality and effectiveness of T&CM services

WHA resolution on Strengthening integrated, people-centred health services

WHA69.24 adopted in May 2016 urges Member States :

To integrate where appropriate traditional and complementary medicine and modern health systems, based on national context and knowledge-based policies, while assuring the safety, quality and effectiveness of health services and taking into account a holistic approach to health

Implementation of the TM strategy

- I. Leadership
- II. Research and knowledge
- III. Standards, norms and technical documents
- IV. Building institutional capacity
- V. Evidence-based policy and monitoring & assessing

I. Leadership

Integration of T&CM in national health systems including integrative medicine:

- Support Member States in their efforts
- Review and assess the existing models of integration in Member States to record best practices

Quality and safety:

- Quality improvement and safety of T&CM services (starting in acupuncture)
- Quality and safety on herbal medicines
- Qualified T&CM practitioners

Networking:

- International Regulatory Cooperation for Herbal Medicines(IRCH)
- WHO Collaborating Centres for Traditional medicine
- WHO Expert Advisory Panel for T&CM
- Professional associations in official relations with WHO

II. Research and knowledge

Clinical evidence:

- Database, platform
- Report on T&CM clinical evidence

T&CM Knowledge platform

Collaborative research projects

- Coordinate and support

III. Standards, norms and technical documents

Technical documents:

- Guidelines on quality and safety of herbal medicines under different topics/focuses
- Key technical issues for safe use of herbal medicines with reference to interactions with other medicines
- Methodology for clinical study in traditional medicine

International terminology and classification of T&CM:

- International terminologies in different T&CM systems/modalities
Ayurveda, Siddha, traditional Chinese medicine, Unani
- Web-based T&CM terminology with synonyms
- Traditional medicine chapter in ICD-11

Benchmarks for practice in T&CM:

- Acupuncture, Ayurveda, Panchakarma, Tuina, Unani

ICD-11

International Classification of Diseases for
Mortality and Morbidity Statistics

Eleventh Revision

2016 Edition for Member State comment
High level overview

IV. Building institutional capacity

Workshops:

- Series of interregional training workshops for capacity building of governmental officials

Capacity building tools:

- Benchmarks for training in T&CM, such as: Ayurveda, Naturopathy, Nuad Thai, Osteopathy, Traditional Chinese Medicine, Tuina, Unani
- Proposed Benchmark for training in Anthroposophic Medicine
- Currently developing Benchmarks for training in Cupping, Tibetan Medicine, Yoga

v. Evidence-based policy and monitoring & assessing

Country support in the implementation of the WHO TM strategy

Information sharing

Monitoring the implementation of WHO TM strategy

Global surveys:

- Conduct regular global surveys for building a database as repository of Member States situation and assessing the trends of T&CM



Integration of Traditional & Complementary Medicine into National Health Systems

**The patients and public will benefit from both
Western medicine and T&CM.**

Thank you

WHO

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