



Meeting of the European Parliament Interest Group MEPs for CAM
(Complementary and Alternative Medicine)

*Complementary and Alternative Medicine (CAM):
its benefits for EU citizens with musculoskeletal disorders*

CONTRIBUTION OF CAM TO PREVENTING AND MINIMALISING SICK LEAVE AND PREMATURE RETIREMENT

KLINIKUM DER UNIVERSITÄT MÜNCHEN®

MULTIDISCIPLINARY PAIN CENTRE,
DEPARTMENT OF ANAESTHESIOLOGY



CONTRIBUTION OF CAM

there is increasing evidence that CAM therapies may be used to relieve pain and improve disability in MSDs

-> Improving our ability to treat disease

CAM therapies seek to engender patient self-sufficiency, encouraging beneficial life-style changes instead of dependence on a particular drug or treatment

-> Ensuring individual empowerment for self-improvement and self-management of health



CONTRIBUTION OF CAM

CAM fulfils the criteria of patient-centred care that is respectful of and responsive to individual patient preferences, needs, and values, ensuring that the patient participates in all decisions regarding treatment

-> Ensuring individual empowerment for personalised and integrated care

CAM offers a broad range of modalities, which can be used effectively for prevention and long-term management

-> CAM can make health promotion and prevention more effective



CONTRIBUTION OF CAM

CAM offers a broad range of evidence based treatment options

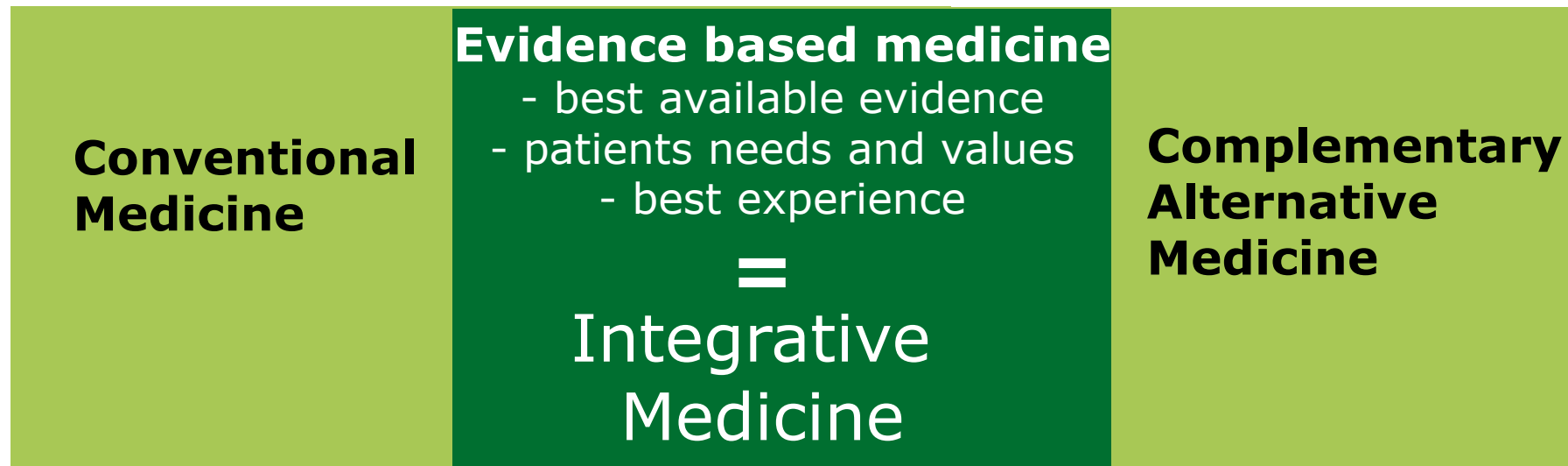
-> Ensuring evidence-based decision making and promoting best practices

CAM offers a huge body of modalities, which can be used effectively for prevention and long-term management

-> CAM can make health promotion and prevention more effective



CONTRIBUTION OF CAM TO INTEGRATIVE MEDICINE





EUROCAM proposes that an integrated approach to prevention, treatment and management of musculoskeletal disorders involving the use of complementary and alternative medicine along with conventional care can offer a significant dividend for EU citizens and its health systems





7th Research Framework Program



1st european research project
Systematic evaluation of the state
of usage, motivation, provision
and regulation of CAM usage
in European countries

**Forschende
Komplementärmedizin**
Wissenschaft • Praxis • Perspektiven

Editorial

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A Roadmap for CAM Research towards the Horizon of 2020

Harald Walach^a Sirpa Pietikäinen^b

^aEuropean University Viadrina, Frankfurt/O., Germany

^bMember of the European Parliament, Strasbourg, France

Documentation of the need and the way forward for research
-> Research road map



Horizon 2020 – Health Theme



8th Research Framework Programm

„Health, demographic, change and wellbeing“

No explicit call for CAM

Preparation of proposals „Better Health and Care, economic growth sustainable health system“ by ESIHR



Horizon 2020 – Health Theme



9th Research Framework Programm

Due to low resources in CAM research and minor support by governmental institutions it is crucial to build up CAM research structures as proposed by CAMBRELLA and to promote CAM in the 9th Research Framework Programm