



Complementary and Alternative Medicine –

An update

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EP Interest Group 16 November 2010





Presentation outline

Where do we stand?

Where do we go?





- Medicines
 - Herbals
 - Homeopathic
 - Anthroposophic and others
- Food
 - Maximum amounts of supplements
 - Food with health claims





- 1. Herbal medicines
- Three authorisation routes
 - Full authorisation
 - Well-established use
 - Simplified registration procedure
- EMA Committee on Herbal Medicinal Products
- Commission report 2008





- 2. Homeopathic medicines
- Ways to the market
 - Mainly simplified registration procedure
 - Mutual recognition now possible
- Homeopathic Medicinal Products Working Group of the HMA





- 3. Anthroposophic medicines et al.
- No specific provisions
- No specific working group





4. Food

- Levels of vitamins and minerals
 - Commission has to set maximum and minimum amounts of vitamins and minerals in food via "comitology"
 - guiding principle: safety
 - work ongoing
- Health claims
 - EU positive list for "function health claims" and authorisation for risk-reduction claims/claims referring to children
 - On EU positive list, Commission will proceed in 2 steps





Where do we go?

- Herbal medicines
 - New system functioning well
 - Response to Commission report?
- Homeopathic medicines
 - Future ECHAMP report
 - Targeted work with Member States?
- Anthroposophic and others?
- Need for a differentiated approach?