



Internationale Vereinigung Anthroposophischer Ärztgesellschaften  
International Federation of Anthroposophic Medical Associations  
Fédération Internationale des Associations Médicales Anthroposophiques

# Anthroposophic Medicinal Products (AMP)

## Anthroposophic Medicinal Products

- The Report describes correctly the current situation in the EU in regard to HAMPs and shows an **un-harmonised and fragmentised** implementation of the present legal regulations.
- The consequences are described as well very correctly: **unequal availability** of HAMPs,
- and in this bracket especially the AMP, **anthroposophic medicinal products**

## Anthroposophic Medicinal Products

- **The Netherlands.**
- Anthroposophic doctors work as general practitioners inside the national health system.
- For 25 years about 1500 anthroposophic medicinal products available.
- With the present regulation only about 50 registrations are left.

## Anthroposophic Medicinal Products

### Germany

- Anthroposophic medicine is strongly hospital based with university hospitals, general hospitals also with emergency first aid departments.
- In a pharmacy the patient can buy the full range of anthroposophic medicinal products without any problem.

## Anthroposophic Medicinal Products

- In other member states more or less the same situation: only a dozen or a hundred AMPs on the market available.
- For 25 years more than 1500 natural medicines on the market in EU
- Now un-harmonised and fragmentised implementation of the present legal regulations.

## Anthroposophic Medicinal Products

### **EC opinion on Matrix report:**

- The study report was developed by an external contractor.
- It is a working document of the Pharmaceutical Committee
- Does not necessarily reflect the official opinion of the European Commission.

## Anthroposophic Medicinal Products

### EC opinion on Matrix report:

- Generally no major issues regarding the availability of homeopathic and anthroposophic medicinal products for specific symptoms
- The availability of such products in all Member States is not particularly problematic, with the products surveyed generally being available **when ordered in advance.**

## Anthroposophic Medicinal Products

### **EC opinion on Matrix report:**

- The Commission has no plans to modify the legislation on homeopathic medicinal products
- Or to introduce a specific framework for anthroposophic medicinal products.



## Anthroposophic Medicinal Products

- EC ordering in advance from abroad
- **Norway:** Customs destroys AMP as not recognised as MP
- Not in all member states it is permitted to order from abroad.

## Anthroposophic Medicine (AM) in EU

- **Widely used Integrative Medicine system in Europe since 1920**
- **Practised in 19 of the 27 Member States** (Austria, Belgium, Czech Republic, Denmark, Eire, Estonia, Finland, France, Germany, Italy, Latvia, Netherlands, Poland, Portugal, Rumania, Spain, Sweden, United Kingdom) **as well as in Norway and Switzerland**
- **28 Hospitals in EU**
- **15 AM Hospitals or AM departments in public hospitals in D + CH**
- **Size: 70 – 500 inpatients**
- **All specialisations in medicine**
- **Specialised medical departments**



CAM Interest Group EP 01072015 AM



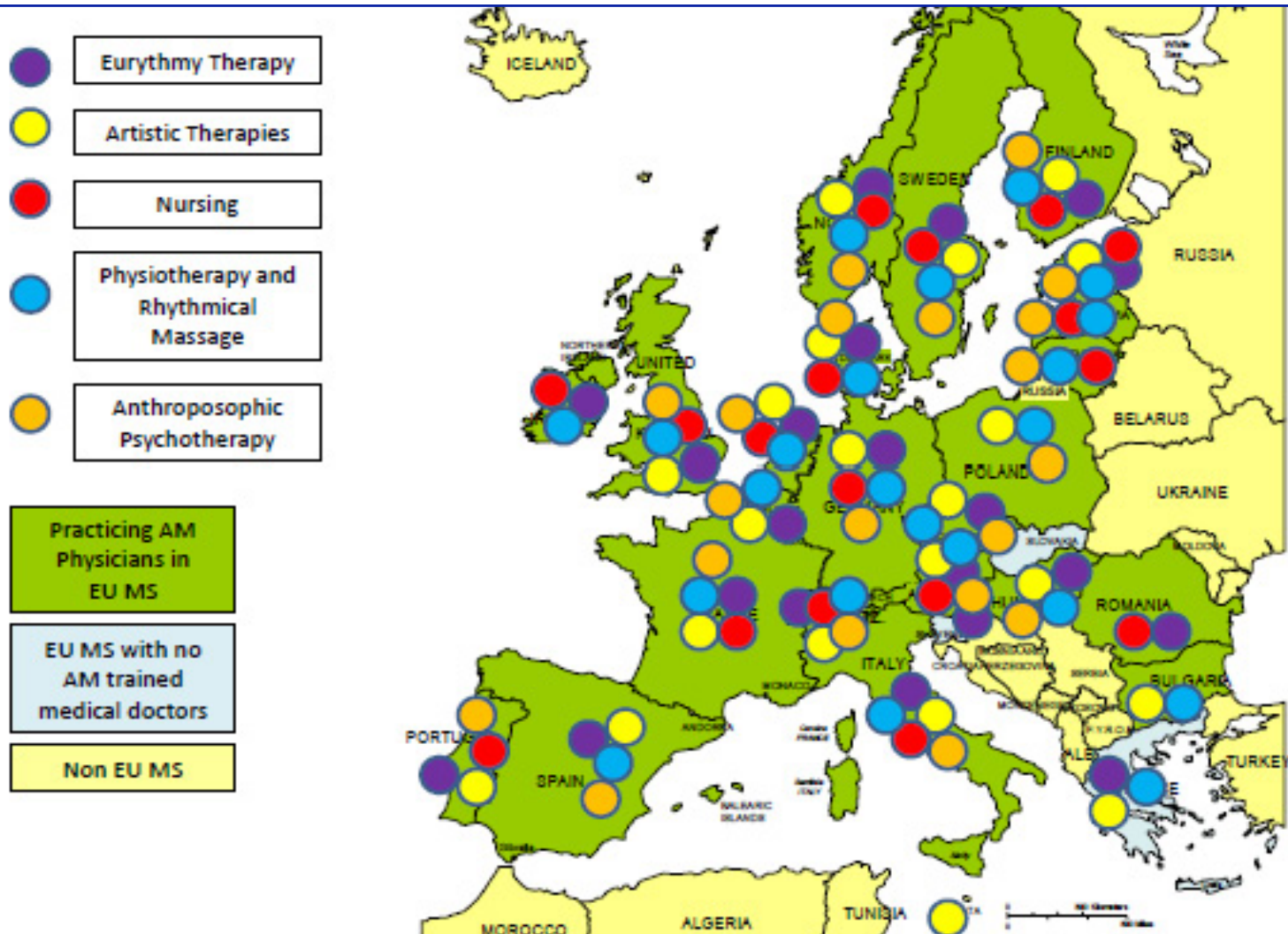
## Anthroposophic Medicine (AM) in EU

- **Fully integrated into Healthcare Systems**
- Acute >> chronic diseases
- Integrative medicine =  
= Conventional and AM therapies (medicines and non-medical)
- Connected to unis / medical schools,
- Postgraduate medical training
- Chairs of AM at Universities
- Lectures on AM part of Uni teaching
- Several research institutes for AM or IM (integrative medicine)





## Anthroposophic Medicine (AM) and therapies in EU



## Anthroposophic Medicinal Products

- EC: the availability of AMP is not a problem because medicines can be ordered in advance from abroad.
- This does not fit with the status of AM as integrated health care in the national health systems.
- AM doctors need AMP for their patients in hospitals for example for
  - Acute asthma attacks
  - Hypertensive crises (acute high blood pressure)
  - Acute allergic reactions
  - Acute pneumonia

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## *Research Article*

# **Inpatient Treatment of Community-Acquired Pneumonias with Integrative Medicine**

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## Anthroposophic Medicinal Products

- AM GPs need AMP for emergency and acute situations for example for:
  - Acute asthma attack
  - Circulation collapse
  - Acute migraine
  - Acute urinary tract infection
  - Acute upper respiratory tract infections
  - Acute pneumonia

Best practice of treatments without antibiotics that contributes to combatting AMR.

## Anthroposophic Medicinal Products

- Treating infections with AMPs supports EU policy against AMR.





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Anthroposophic Medicinal Products (AMP) can be registered as homeopathic and others as herbal MP, but the most typical and widely used AMP cannot be authorised either as HMP or as herbal medicines.

## Anthroposophic Medicinal Products

- **So we fully underline the conclusion of the Matrix report that**
- *the existing legislation may fall short of simplifying procedures...*
- *there is no clear and consistent EU registration procedures for HAMPs not covered by Art 14 (1) DR 2001/83.*
- *the implementation of existing EU provision concerning these products (HAMPs) could be further improved...(p 111).*
- *and the availability of anthroposophical medicinal products is still worse than the situation of the homeopathic medicinal products.*

- The Matrix Insight Report findings offer a good starting point for new approach to deal with these considerations of the EU Commission and with the drivers of the availability problems for medicinal products, especially in the field of the HAMPs.

## Anthroposophic Medicinal Products

- Their availability is fragmented to a surprisingly high degree in the different markets of these countries, which has, again, definite negative repercussions for the application of the AM therapeutic system for patients and practitioners as well as for the AM as an accepted and patient-demanded part of CAM and Integrative Medicine.



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Thank you for your attention